





FREEZE FRAME

U.S. Army Reserve Spc. Wantae Seong, 760th Engineer Company, 363rd Engineer Battalion, 411th Engineer Brigade, 412th Theater Engineer Command, engages a target with a Squad Automatic Weapon (SAW) during the Combined Best Warrior Competition SAW Night Qualification on Joint Base McGuire-Dix-Lakehurst, N.J. April 26. Contestants vie for the title of Best Noncommissioned Officer and Best Soldier and move on to represent the 412th Theater Engineer Command, 416th Theater Engineer Command and 76th Division (Operational Response) at the U.S. Army Reserve Command Best Warrior Competition, June 11-17, at Fort Bragg, N.C.

Photo by Sgt. 1st Class CLINTON WOOD 84th Training Command

DOUBLE EAGLE Click on image or text to read that story.



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COVER and THIS PAGE LTG Charles Luckey, chief of Army Reserve and commanding general of United States Army Reserve Command, discusses troop movements with Canadian Lt. Col. Will Graydon, commanding officer of the 3rd Battalion, Royal

Canadian Regiment, on May 18, in Camp Wainwright, Alberta, Canada, during Maple Resolve 17, the Canadian Army's premiere brigade-level validation exercise. (Photo by Staff Sgt. Michael Crawford/326th MPAD)



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THE OFFICIAL PUBLICATION OF HEADQUARTERS. U.S. ARMY RESERVE COMMAND PUBLIC AFFAIRS OFFICE, FORT BRAGG, N.C.

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Maj. Gen. Keith L. Ware Award

HONORABLE MENTION: 2013



Farewell ... for now

Geoffery Chaucer once wrote, "Time and tide waits for no man." And for me, this is particularly true.

This issue will be my last as the editor of the "Double Eagle". I will be staying at the U.S. Army Reserve Command Public Affairs Office but moving into my new role as the deputy of Digital Media, encompassing all things related to web and social media, for the U.S. Army Reserve.

When we started this publication in April 2012, it began as a small newsletter and has since grown into an award-winning online publication.

Through it all, the pages of the "Double Eagle" have sought to give our loyal readers a glimpse into not only the happenings at the U.S. Army Reserve headquarters here at Fort Bragg, N.C., but also a larger view of the fantastic job our U.S. Army Reserve Soldiers are doing at home and overseas.

I am very proud of the accomplishments and the stories we have brought you over the years.

We have produced great feature stories, for both Soldiers and our Department of the Army civilians who work tirelessly to ensure our Soldiers have the resources they need to succeed.

We have tackled hard-hitting subjects such as suicide awareness, SHARP, retention, and even budget cuts and furloughs.

Through it all, you have been with us every step of the way.

I personally thank each and every one of you who faithfully read our publication and often pointed us in the right direction for compelling stories and images.

Without you, the "Double Eagle" would have been hard-pressed to soar to heights we never imagined in 2012.

As for me, I will still be heavily involved in telling the U.S. Army Reserve story - just doing so in a dynamic venue.

I look forward to working with you in my new role as time and tide continue to roll along. 3



Timothy L. Hale Editor



"This is about fighting and winning war."



Luckey visits U.S. Army Reserve Soldiers at Maple Resolve 17

Story & photos by Staff Sgt. MICHAEL CRAWFORD 326th Mobile Public Affairs Detachment

WAINWRIGHT, Canada – The commanding general of the U.S. Army Reserve Command visited Soldiers along his "Road to Awesome" during an international training mission May 18 at Camp Wainwright, Alberta.

LTG Charles Luckey, chief of Army Reserve and commanding general of the U.S. Army Reserve Command, met with active duty and reserve Soldiers stationed in the field with Canadian Soldiers for Maple Resolve 17.

More than 650 U.S. Army Soldiers are supporting Maple Resolve 17, the Canadian Army's premiere brigade-level validation exercise running May 14-29. The U.S. Army is providing a wide array of combat and support elements. These include sustainment, psychological operations, public affairs, aviation and medical units.

"What I want you to get out of this, in addition to our partnering with our brothers and sisters from the Canadian armed forces is a recognition of we're moving into a threat environment that's different than what we've ever dealt with," Luckey said to

Army Reserve Soldiers with the **993rd Transporta**tion Company based in Tampa, Florida. "If I can't deploy anybody, it doesn't do any good. This is about fighting and winning war."

Readiness is the U.S. Army Reserve's number one priority. As part of the Total Force, the U.S. Army Reserve exists to provide operating and generating forces to support Army contingency operations throughout the world. Reserve units participating in Maple Resolve 17 will sharpen individual skill sets while enhancing overall unit readiness.

"What we're doing is getting after combat readiness," Luckey stressed. "We have Soldiers out here learning stuff; digging combat positions, getting on vehicles, being prepared to defeat enemy threats, whether they're mounted or dismounted, and to be able to do it in a full spectrum of contested environments - air, sea, space, cyber; you name it, adversaries are going to try and confound us in each one of those domains. Working together in this team on the 'Road to Awesome' is going to be able to make sure we outpace those threats."



(OPPOSITE PAGE) LTG Charles Luckey, chief of Army Reserve and commanding general of United States Army Reserve Command, discusses troop movements with Canadian Lt. Col. Will Graydon, commanding officer of the 3rd Battalion, Royal Canadian Regiment, on May 18, in Camp Wainwright, Alberta, Canada, during Maple Resolve 17, the Canadian Army's premiere brigade-level validation exercise. As part of the exercise, the U.S. Army Reserve is providing support elements including sustainment, psychological operations, public affairs, aviation, and medical.

(LEFT) Cmd. Sgt. Maj. Ted Copeland, command sergeant major of the Army Reserve, speaks to Army Reserve Soldiers with the 993rd Transportation Company, based in Tampa, Fla., on May 18 in Camp Wainwright, Alberta, Canada, during Maple Resolve 17. Copeland accompanied Lt. Gen. Charles Luckey, chief of Army Reserve and commanding general of the U.S. Army Reserve Command.

TF-76 prepares to save lives and mitigate the suffering

Story & photos by Sgt. STEPHANIE RAMIREZ U.S. Army Reserve Command

CAMP ATTERBURY, Ind. - When disaster strikes and chaos sets in, people can forget their city's emergency evacuation plans and highways get stacked with traffic. People get hurt and communication are cut off.

Vibrant Response 17 is an annual command post exercise here that simulates the detonation of a nuclear bomb in a major city within the United States. This year it was integrated with Guardian Response 17 at Muscatatuck Urban Training Center, Indiana.

The exercises enable emergency response organizations, both civilian and military, to integrate and provide relief during a catastrophic disaster.

The simulated detonation occurred May 2, 2017. Following the established national response framework, the state first responders and National Guard forces answered the first calls for help.

As the situation escalated and resources were exhausted, the state requested federal support. Per the federal response framework, the first federal agencies to respond are civilian. Support from the Department of Defense is then requested as necessary. Task Force 76 arrived at the scene on May 6, 2017.

Once at the scene, TF-76

provides support to the incident commander, state and Federal Emergency Management Agency in several areas. These include: urban search and rescue, extractions, and mass casualty decontamination. They also have transportation assets that allow them to do patient evacuation and resupply both by ground and air. They have the ability to produce water and have operational, medical and logistical forces. The task force is made up of people assigned to the 76th Operational Readiness Command, a U.S. Army Reserve unit out of Salt Lake City.

Brig. Gen. James Blakenhorn, the deputy commanding general for TF-76, said the task force gains two main things out of this training event. First, it exercises the higher staffs to ensure they have processes, procedures, interfaces and communications established and ready to execute. Secondly, it gives the folks in the field at GR17 confidence in their abilities to perform the mission. It also provides units with the confidence in their equipment, procedures and leadership to become more proficient.

During a catastrophic event such as VR17, **FEMA** is the primary agency requesting support from TF-76 and another

task force, TF-46, the Michigan National Guard's 46th Military Police Command.

According to Master Sgt. Trevor Smith, the future operations noncommissioned officer in charge for TF-76, FEMA can send down specific mission requests, or MAs, for support such as supplies, transportation and decontamination said. Following that initial request, the headquarters for TF-76 or TF-46 have to develop plans of action. They do this through battle rhythm briefings that then provide the information to create updated fragmentary orders. Once each task force knows their mission, they disseminate orders down to the commanders on the ground.

These and other processes require time and practice to perfect. Training together prepares everyone for when it's time to react to a real-world scenario, where the mission is to save lives and mitigate the suffering of the people of the United States.

"We always plan this exercise as if the worst had happened, however, what's great about our mission is that it doesn't have to be a nuclear detonation for us to get involved," said Blakenhorn. "The catastrophe could be something

like a hurricane or a wild fire. There's a number of natural disasters that can cause a great deal of pain and suffering where federal forces may be required.

"Due to the experience the Soldiers get here at this level, they also know they can perform if they were called up for some of these other missions as well," added Blakenhorn. "We hope that we never have to use these assets, but if we do, we want the Soldiers to know, through these type of exercises, that they are fully capable of performing the mission at call."





(TOP) U.S. Army Reserve Soldiers assigned to the 409th Medical Company out of Madison, Wis., examine a casualty during Vibrant Response 17 at Camp Atterbury, Ind., May 7.The 409th Medical Company is assigned to Task Force 76 as one of their immediate medical care units.

(BOTTOM) U.S. Army Reserve Soldiers assigned to the 414th Chemical, Biological, Radiological, Nuclear and Explosives (CBRNE) Company out of Orangeburg, S.C., decontaminate each other after a simulated nuclear bomb explosion during Vibrant Response 17 at Camp Atterbury, Ind., May 7. The 414th CBRNE Company and 409th Medical Company are assigned to Task Force 76 as one of their decontamination units. Vibrant Response 17 is an annual command post exercise that simulates the detonation of a nuclear bomb in a major city within the United States. This year it was integrated with Guardian Response 17 at Muscatatuck Urban Training Center, Ind. The exercises enable emergency response organizations, both civilian and military, to integrate and provide relief during a catastrophic disaster.



The Harbormaster Command and Control Center (HCCC) sits on the beach at Joint Expeditionary Base Fort Story, Va. May 15. Soldiers from the 338th Transportation Detachment (Harbormaster) assembled the system in preparation for Big Logistics Over the Shore (Big LOTS) East 2017, a U.S. Army Reserve exercise that provides hands-on training for boat units, terminal battalions, and deployment support command units to sharpen critical tasks that support bare beach operations. The HCCC is a communications hub that provides a complete picture of beach operations and tracks supplies moving on and off vessels.

Owning the beach at Big Lots East 2017

Story & photos by 1st Sqt. ANGELE RINGO 215th Mobile Public Affairs Detachment

FORT STORY, Va. - A notional United States ally has asked for assistance in deterring an aggressive neighbor. U.S. intervention has derailed hostile actions for now, but the enemy is expected to return, making quick resupply of geographically dispersed maneuver units essential to denying the enemy the chance to regroup. It's an exercise scenario tailor-made for watercraft operations because the best resupply options involve bare beach.

"Operationally, this is mainly meant for bare beach—an unimproved port," said Chief Warrant Officer 4 Russell Christie, commander of the 338th Transportation Detachment (Harbormaster) based at Fort Belvoir, Va., referring to a system his unit uses to manage the flow of vessels and cargo. "We're normally responsible for the vessels coming into port [and] leaving port. We arrange berthing, and we supply them when they're going to other vessels or other ports."

To make that happen, the unit uses a system called the Harbormaster Command and Control Center (HCCC). The 338th Harbormaster set up two of the systems as part of Big Logistics Over the Shore East 2017 (Big LOTS East), a U.S. Army **Reserve** exercise that provides hands-on training for boat units, terminal battalions, and deployment support command units to sharpen critical tasks that support bare beach and unimproved

port operations. More than 450 Soldiers and sailors participated in the exercise that took place between Joint Expeditionary Base Little Creek-Fort Story, Camp Pendleton Military State Reservation and Fort Eustis.

The Army began fielding the HCCC to Active and Reserve harbormaster units in 2012. The system, which can be set up in as little as four hours, provides real-time tracking of watercraft assets and cargo through a network of sophisticated sensors, mission command and communication tools that enable commanders to see where assets are and prioritize where things should go.

Sgt. Sasha Durnal, a watercraft operator with the 338th Harbormaster, helped set up the HCCC in an area near Little Creek Cove called the mudflats.

"The different things this [HCCC] system can do with giving you a great common operating picture, also radar capability—not to mention all the radio systems we have; it just really makes us self-sufficient," she said.

During the exercise, the 338th Harbormaster monitored watercraft units moving nearly a hundred pieces of equipment in

and out of marshalling yards and on and off watercraft that moved between Little Creek and Fort Story. The joint element included the Navy Landing Craft, Air Cushion, more commonly known as an LCAC or hovercraft, which moved larger pieces to Fort Eustis.

"The Navy was eager in joining in on this," said Lt. Col. Thomas Harzewski, commander of the 483rd Transportation Battalion (Terminal), located in Valejo, Ca. "It's kind of a mutual thing—we were really excited that they were able to participate. It's very interesting to see how the Navy operates vs. the Army, but when it comes to getting cargo on the shore we have the same concepts and end state."

Now in it's third year, Big LOTS East has evolved and so has the training, said Harzewski, who highlighted the increased collaboration between the 1179th Transportation Brigade and its subordinate units in giving commanders a better view of how watercraft assets can be employed during a collective training event.

"We get the doctrinal version of that, but to see it all come together and have input on how this comes together, it's a rare opportunity and a very good opportunity in this case."

It's an opportunity that the 338th Harbormaster would like to see more Soldiers get. The highly specialized field needs more troops, said its commander, and Big LOTS East not only showcases Army Reserve watercraft capability, but also provides a critical training vehicle for younger Soldiers to gain experience.

"We lose a lot of people in our unit, especially after deployment a lot of them transfer out for promotion purposes, and some retire. This is fairly sophisticated equipment and some of our Soldiers are now junior, so this is a good exercise to go ahead and train them on this equipment, " said Christie.

For those more seasoned watercraft operators like Sgt. Durnal, there is no other career field she would have chosen.

"It really is a brotherhood, a sisterhood and besides we have some really amazing equipment. I think that's what really keeps me here," said Durnal. "Whether you're doing this or sailing on a vessel, maybe a lot of people say this about their job, but I definitely think [this is] the coolest job in the Army and some of the best people."



Staff Sgt. Yohannes Page, a watercraft operator assigned to the 338th Transportation Detachment (Harbormaster) based at Fort Belvoir, Va., makes an adjustment on a sensor atop a component of the Harbormaster Command and Control Center at Joint Expeditionary Base Fort Story May 15.

The little things

By CHAPLAIN (MAJ.) RAYMOND W. LEACH **USARC Chaplain Directorate**

"And God made the beast of the earth after his kind, and cattle after their kind, and every thing that creepeth upon the earth after his kind: and God saw that it was good." (Genesis 1:25 KJV)

Have you looked down on the sidewalk on the way into the front of Marshall Hall? If so, you have seen some of the many small things I've noticed.

There is the occasional cigarette butt, pinecone or fallen tree branch, ABC gum, Hershey's Kiss wrapper (probably from the Chaplain Directorate candy bowl), pools of water or sheets of ice. If it is the right time of year, there are dozens of teeny, tiny, little worms.

It amazes me to see some of these items, but what catches my attention the most are the critters.

Some of these worms are making their way from the grass towards the unsurpassable concrete wall. Others are creeping back from the wall to the grass. Still others, well, let's just say their journey is complete.

What in the world can be the purpose of these seemingly very confused little beings? Why are they marching to and fro? What compels them to leave the relative safety of the grass on an apparently meaningless voyage across the sidewalk and back? And what are they doing in the grass in the first place?!

I have to be honest, I am not an entomologist (nor am I an etymologist, but God and Google help me with that).

I have no idea what these worms are, or what purpose they serve. This I do know; I believe in their Creator, and I am convinced that they do have a purpose, and that it is a significant one. Without their existence, and their journey to and fro, this world would in some way be less than the amazing

creation God wants and has prepared it to be.

For many of us and for much of our lives, life is amazing and we find considerable purpose in what we do for and with our great nation, communities, friends, and loved ones.

However, there can be times when we get into such a rut and our lives become so monotonous or stressed that we begin to question our purpose and the meaningfulness of our lives.

We look at the pictures of earth from the Cassini spacecraft as it looks back from the rings of Saturn. The temptation is to consider ourselves as ultramicroscopic flecks on a floating speck of dust, all alone, "lost in the void of the vast empty nothingness of space."

We are, in a sense, just worms, wandering back and forth for absolutely no significant reason whatsoever.

Don't believe it, not for a minute. God loves creation, the universe, our solar system and world, the wonders that decorate and populate it right down to the itty, bitty, little worms God has created, and God loves you.

"Are not five sparrows sold for two pennies? Yet not one of them is forgotten by God." (Luke 12:6 NIV)

You are a child of God, created in God's image with the very breath of God flowing through you, and you are of indescribable value.

As long as you wake up in the morning and continue to draw your next breath, you hold within you an eternal purpose on this earth.

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you a hope and a future." (Jeremiah 29:11 NIV)

Remember, little things lead to incredible outcomes. ③

Christian Bible Stud

Weekly Christian Bible study are held each Tuesday, starting at 11:30 a.m., Room 1901 near the USARC G-4. Please come and share a time of fellowship and worship with us.







Yellow Ribbon + Army Reserve Family Programs = Mission Readiness

Story & photos by LETICIA SAMUELS **Army Reserve Family Programs**



Elsa Cortes, the 1st Mission Support Command (MSC) Army Reserve Family Programs Supervisor, excites the crowd about Family Program services that service members and their loved ones will learn about during the 1st MSCYellow Ribbon work shop in San Juan, Puerto Rico on April 22, 2017. Army Reserve Family Programs work hand-and-hand with Family Readiness Groups and Yellow Ribbon, which are designed to provide relevant programs and services to Soldiers, Family members, command teams and Civilians throughout the geographically dispersed Army Reserve community.

SAN JUAN, Puerto Rico - Waves crash on the ocean reef wall, and the smell of salt water riding misty breezes are right outside the Condado Plaza Hilton Hotel, while the laughter of children falling in line with Soldiers and their Families fills the lobby halls as registration starts for the 1st Mission

Support Command (MSC)

Yellow Ribbon event in San Juan, Puerto Rico on April 22, 2017.

The Yellow Ribbon event is a three-phase process that supports the preparation, deployment and re-deployment cycle of Army Reservist Soldiers.

"The Yellow Ribbon event is

super important in my opinion because they help Families understand the issues that they might be facing and provides them with the resources to be able to address those issues while their Soldier is gone," said Brig. Gen. Alberto Rosende, the Commanding General, 1st MSC. "It's really

important that they come, they participate and that they are present and involved in the dialogue and the discussion."

The preparation phase of the Soldiers' deployment focuses on getting the Families as well as the Soldier prepared to leave for an extended duration of time. Event one is a networking venue tailored to provide resources and face-to-face interaction with Subject Matter Experts that will highlight key topics.

"Event one is for deploying Soldiers 45-60 days before they deploy," said Capt. Fredrick Waters, the U.S. Army Reserve Yellow Ribbon Program Manager. "We bring them together, promote all the resources that will be able to help them get ready for deployment. We make sure they have their TRI-CARE, their dependent forms on DEERS (Defense Enrollment Eligibility Reporting System; a computerized database of military sponsors, Families and others worldwide who are entitled to TRICARE benefits) and they have the SMEs to talk to about finances."

The deployment phase is when a Soldier leaves for an extended period of time and the Families have to learn how to adjust while their Soldier is away. The Army Reserve Family Programs and Family Readiness Groups are vital assets that assist the Families during this time.

"I served for 23 years between active and reserve in the Army," said Elsa Cortes, 1st MSC Family Programs Supervisor. "My father served during the Korean War and these services weren't available back then. We (the Yellow Ribbon and Family Programs team) are truly committed to serving and helping Soldiers and Families in difficult times."

(Translation) "Somos un grupo de personas que estamos comprometidos, todos aquí hemos sido militares," dijo la Señora Elsa Cortes, Supervisora del Programa de Familias bajo el 1st MSC. "Yo serví 23 años activa y en la reserva del Army. Soy hija de un militar, que fue movilizado a la Península de Corea durante la guerra de Corea y estos programas que tenemos hoy en día para nuestros soldados no existía en aquel entonces."

The re-integration phase is the most vital and takes place within the 90-day window of the Soldiers' returning home from active duty. Transitioning from full-time Soldier life back to civilian life can be difficult for Soldiers and Families, but event three helps to combat these challenges.

"The Yellow Ribbon has helped me with my peace of mind," said Spc Josué Pagán, a Soldier assigned to the 1st MSC. "It is a great feeling to have that kind of support especially for us new parents, and we just started a new Family. We want to make a career with the Army Reserve. I really appreciate what those volunteers are doing for us."

(Translation) "El Yellow Ribbon me ayuda mucho en mi estado mental, es un gran sentido de apoyo para nosotros los militares, especialmente para esos que somos padres por primera vez y estamos tratando de formal una familia por primera vez en nuestras vidas porque somos jóvenes y queremos hacer una carrera en el ejército," dijo la Spc Josué Pagán, a Soldier assigned to the 1st MSC. "Para mi es de gran apoyo y de inmensa ayuda lo que los civiles están haciendo por nosotros."

Army Reserve Family Programs (ARFP) is an entity that works closely with the Yellow Ribbon Program. During the breakout sessions of the event, Soldiers receive a 50-minute brief creating awareness of Family Program directorates to include Fort Family, Survivor Outreach Services, Child and Youth Services, and the Financial Readiness Program.

ARFP is designed to provide relevant and responsive programs and services to Soldiers, Family members, command teams and civilians throughout the geographically dispersed Army Reserve community.

"The Army and the Army Reserve is here for Families and their Soldiers when they are deployed," said Rosende. "We want to make sure that they have some place to go and we want to be there to serve them."

To learn more about how Army **Reserve Family Programs remains** committed to helping Soldiers and Families go to www.arfp.org. You may also contact the **USAR Yellow Ribbon POC. Capt. Frederick Waters, at:** frederick.w.waters.mil@mail.mil

Army Reserve, National Guard team up for Exercise Cyber Shield 17

Story & photos by Sgt. STEPHANIE RAMIREZ U.S. Army Reserve Command

CAMP WILLIAMS, Utah - Technological advances are happening on a daily basis. Every day, new operating systems, programs or servers go up, creating new challenges in the cyber environment.

In order to stay ahead of this ever-shifting threat, service members and civilian organizations have to learn how each other operates.

Exercise Cyber Shield 17 is a National Guard exercise held in cooperation with U.S. Army

Reserve that is providing Soldiers, Airmen and civilians from 44 states and territories the opportunity to test their skills in response to cyber-incidents in a multi-service environment.

"What Cyber Shield allows us to do is to share and collaborate in regards to tactics, techniques and procedures," said Maj. Patrick Wicker, Detachment 4 Commander, for the Defense Information Systems Agency's Army Reserve Element based out of St.

Louis, Missouri and DISA-ARE Blue Team Lead.

This two week training exercise took place at Camp Williams, Utah, from April 23 to May 5, 2017, and it involved more than 800 service members and civilians.

The first week of CS-17 provided training and certifications for participants, while the second week tests the Blue Team's ability to identify and react to cyber threats inserted by the Red Team to test their cyber response skills.



Cyber Soldiers assigned to the 335th Signal Command (Theater) and its subordinate units served in several roles during the exercise.

Some of their cyber protection teams supported the Colorado and Indiana National Guard Blue Teams. While assigned to those teams, National Guard and Army Reserve Soldiers worked together to provide cyber support for assigned mission partners or civilian agency.

While working with the states, the Soldiers were evaluated to determine their level of expertise by members of the White Team from the Army Reserve 75th Training Command, Gulf Division, Birmingham, Alabama.

"This training helps the service members get smarter," said Maj. Michael Ehrstein, Air National Guard cyber space information team chief for the 177th Information Aggressor Squadron out of McConnell Air Force Base, Kansas and the CS-17 Red Team Lead. "From day one, I've asked

them, 'are you smarter today than you were yesterday?' The bad guys are getting smarter every day and we if aren't doing that, if we don't have that same enthusiasm for the cyber world, we're going to fall behind."

The 335th Signal Command also provided subject matter experts in several other elements in the exercise. These included the Red Team adversaries, White Team evaluators, and lawyers supporting the judge advocate elements.

Part of the intent for CS-17 is to improve the collaboration between Army National Guard, U.S. Army Reserve and mission partners such as Department of Homeland Security, FBI, State Fusion Centers and industry partners.

"From training in a multi-service environment, everyone can walk away with different perspectives," said Ehrstein. "We get to share information and get exposed to how civilian organizations approach cyber and vice versa."

Another goal of this training exercise is to develop stronger relationships not only between mission partners and the National Guard units, but also with the Army Reserve.

"Here, the Reserve Soldiers get a better understanding of what it's like to work with the National Guard in the event a state requests support from the Department of Defense," said Capt. Aaron Brunck a CS-17 Red Team Leader and cyber planner assigned to the 335th Signal Command (Theater) out of East Point, Georgia. "This is important because this way each component not only understands how to integrate successfully to complete the mission, but also becomes aware of the boundaries they have to abide by."

Cyberattacks are happening on a constant basis and training events such as these develop Soldier's skills to be a ready force for the defense of the nation's electronic infrastructure.

(OPPOSITE PAGE) A group of U.S. Army Reserve and National Guard cyber Soldiers work together to defend their network during Cyber Shield 17 at Camp Williams, Utah, May 2. Cyber Shield is a National Guard exercise, in cooperation with U.S. Army Reserve, that provides Soldiers, Airmen and civilians from over 44 states and territories the opportunity to test their skills in response to cyber-incidents in a multi-service environment.

(LEFT) Sgt. Charles Apperti, a U.S. Army Reserve information technology specialist assigned to the Army Reserve Cyber Operations Group, Western Cyber Protection Center out of Camp Parks, Ca., shows Col. Michael D. Smith, commander for the Army Reserve Cyber Operations Group out of Adelphi, Md., his work during Cyber Shield 17 at Camp Williams, Utah, May 2.



HEREIT

Take a Hike!

- Always plan and prepare for your hike
- Select the activity that matches your skill level
- Check the latest weather forecast when you arrive at your hiking destination
- Use sound judgement while on the trail—common sense goes a long way

- Plan ahead-know your terrain
- Learn first aid and carry supplies for unexpected overnight stays
- Know how to use your maps and GPS receivers

FI TOR NOTES

https://safety.army.mil

Ready ... **or Not** is a call to action for leaders, Soldiers, Army Civilians and Family members to assess their readiness for what lies ahead - both the known and unknown. #Armysafety

So are YOU ready ... or not?



